

**JW3**

Jewish  
Community  
Centre  
London

LONDON  
JEWISH  
CULTURAL  
CENTRE

**FOOD & DRINK**

July-December 2015  
[www.jw3.org.uk](http://www.jw3.org.uk)

THE NEW POSTCODE FOR JEWISH LIFE

# FOOD & DRINK

Liven up your cooking with  
our upcoming demonstrations  
and workshops

**July-December 2015**

PLUS EXCLUSIVE ZEST OFFERS

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# FOOD AND DRINK

Please note that all ingredients and utensils in our classes are kosher. The JW3 Demonstration Kitchen is not under kashrut supervision.



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Wednesday 15 July

## GLUTEN-FREE BREADS

7.30pm, £30, Demonstration

Debunk the myths and understand the methods for making a good loaf of gluten-free bread.

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Tuesday 8 September

## AN ITALIAN ROSH HASHANAH

11am, £30, Demonstration

Experience Rosh Hashanah the Italian way, with sea bass in a tomato and garlic sauce, herby couscous as well as honey, walnut and coffee cake.

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Tuesday 13 October

## SPICY SOUTHERN INDIAN

7.30pm, £35, Workshop

This workshop will be based around dahls, dry and wet curries and cooling side dishes.

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Wednesday 14 October

## TOFU TWO WAYS

7.30pm, £30, Demonstration

Tofu not only absorbs all the flavours you throw at it but it's also low in calories, contains no cholesterol and is an excellent source of protein, iron, and calcium.

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Thursday 15 October

## THE SECRET OF VEGAN DESSERTS

7.30pm, £30, Demonstration

Learn how to impress your friends with a deliciously creamy chocolate cheesecake and master the art of vegan meringues.

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Wednesday 21 October

## PIZZA & FOCACCIA

7.30am, £35, Workshop

Learn the secrets and tricks of the trade to create the perfect pizza and fantastic focaccia every time.

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Tuesday 27 October

## **MAKING JAM & PESTO**

7.30pm, £35, Workshop

Preserving seasonal fruits and vegetables is one of the oldest culinary arts. Learn how to make a fruit jam and seasonal pesto.

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Wednesday 28 October

## **MEALS FOR TWO**

7.30, £35, Workshop

Discover how to cook stylish and delicious food, perfect for someone you care about.

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Tuesday 3 November

## **SEPHARDI FEAST FOR SHABBAT**

7.30pm, £30, Demonstration

Journey to North Africa and learn how to impress your guest with easy and delicious Sephardi recipes.

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Thursday 29 October

## **RAW DESSERTS**

7.30pm, £15, Demonstration

We will introduce you to an array of new ingredients and their health benefits, whilst demonstrating, and offering you a taste of, delicious and simple raw desserts.

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Tuesday 10 November

## **FLAVOURS OF MOROCCO**

10.30am, £35, Workshop

Experience the flavours of Morocco with tagines, chemouia and more. The class will feature the careful balance of spicing, flavour, texture and presentation.

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Tuesday 10 November

## **MAKING CHUTNEY & PICKLES**

7.30pm, £35, Workshop

Come along to this hands-on workshop and learn how to make chutney and pickles - and there'll be a jar of each to take home!

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Thursday 12 November

## **ASHKENAZI RECIPES REVISITED BY A SEPHARDI GIRL**

Demonstration 7.30-9.30pm, £30

Learn how to make homemade chop liver, chicken soup, comforting cholent, spiced meatballs in a rich tomato sauce, potato and other vegetable kugels and finish 'en beaute' with a vanilla and apple strudel!

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Thursday 19 November

## **COOKING FOR MEN**

7.30pm, £30, Demonstration

Men head to the kitchen to learn to prepare easy and delicious recipes for their family and friends!



# ZEST

RESTAURANT • CAFÉ • BAR

**FREE tea/coffee with any slice of cake purchased at the Zest café, 29 June - 31 August 2015.**

This offer is only valid with this original voucher, no photocopies/printed copies accepted. One voucher per person applies.

[www.zestatjw3.co.uk](http://www.zestatjw3.co.uk) | 020 7433 8955

   ZestAtJW3



# ZEST

RESTAURANT • CAFÉ • BAR

**20% OFF dinner in the Zest Restaurant for up to 4 people, 29 June - 31 August 2015.**

This offer is only valid for the dinner menu, Monday-Wednesday. For the discount to apply one main course per person must be ordered. This offer is only valid with this original voucher, no photocopies/printed copies accepted.

[www.zestatjw3.co.uk](http://www.zestatjw3.co.uk) | 020 7433 8955

   ZestAtJW3

Wednesday 25 November

## SIMPLE SUPPERS

7.30pm, £35, Workshop

Do you need some inspiration for quick and easy suppers? Some fresh, healthy ideas to put on the table in a hurry?

Thursday 3 December

## FLAVOURS OF THAILAND

7.30pm, £35, Workshop

From spring rolls to fiery curries and refreshing salads, your culinary skills will take on a whole new meaning.

Tuesday 1 December

## CANAPÉS FOR CHANUKAH

7.30pm, £30, Demonstration

Start Chanukah early as you help to prepare lots of different canapés and treats to share with your friends and family.

Tuesday 8 December

## PARTY FOOD & ENTERTAINING

11am, £30, Demonstration

The class is part hands-on and part demo, making dishes suitable both as finger food and/or as part of a dinner menu.



THE NEW POSTCODE FOR JEWISH LIFE



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JW3 is a Jewish community centre with a kosher restaurant, café and bar – only food bought at JW3 can be eaten on the premises. When we are open over Shabbat or Jewish holidays, we will run a reduced 'JW3 Unplugged' programme and the Cinema and Zest will be closed. Further details available on request.

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