

# Would You Like To Stay Young Forever?

By **Alexander Baron** - May 21, 2015

---



**6**  
SHARES

Would you like to live forever? That idea is not exactly new; for most people the next best option is Salvation when the Great JC returns to Earth in his flying sancer, or perhaps reincarnation. There are others though who dream if not of living forever then of extending our lives considerably by alleviating the ageing process. The most controversial and undoubtedly the most charismatic person in this field is Aubrey de Grey, first though do you remember cryonics?

This was once a very popular idea, and there are still several organisations involved with it, but frankly they are promoting a pipe dream. Having said that, what would you do if

your 2 year old daughter died from brain cancer? The parents of Matheryn Noavaratpong decided to have **her body preserved** until a cure can be found for her condition. It has now been cryonically frozen and deposited with **Alcor** in Arizona. This company has been around since 1972; it hasn't yet brought anyone back from the dead, but if you can afford it, what have you to lose?



*Aubrey de Grey*

More realistically, Aubrey de Grey and his SENS foundation are organising a big rejuvenation biology conference in August. Full details can be found on the **SENS website**. I know Aubrey personally having met him at the **Mind Sports Olympiad** where he used to run the Othello tournaments. Since relocating from Cambridge to the Golden State, he hasn't had much time to play games, but the work he is doing with SENS is vastly more important. He says he is expecting a turnout of around 600 for the conference.

Aubrey and SENS have their critics, but you will find some interesting documents, including videos, on both the official website and YouTube. His main idea is to develop regenerative medicine, so that instead of simply repairing the damage done to the human body as we age, we can actually intervene to stop the ageing process, if not reverse it. Although SENS research is not for amateurs, you will find most of the aforementioned videos easy to follow, and entertaining with it.