

LAB'S DIRTY FRIES

CRISPY FRENCH FRIES COVERED WITH TENDER CHICKEN, TOPPED WITH MELTED CHESSE, JALAPENOS, CRISPY ONIONS, OUR LAB SAUCES

£8.99

LAB'S LOADED FRIES

CRISPY FRENCH FRIES COVERED WITH MINCED BEEF, TOPPED WITH MELTED CHESSE, JALAPENOS, CRISPY ONIONS, MIXED HERBS AND SHOWERED WITH OUR LAB SAUCES

£8.99

LAB LAMB CHOPS MEAL

CHOPS MARINATED 24HRS OVERNIGHT YOUR CHOICE OF LAB FLAVOURS



3 LAMB CHOPS

GRILLED PERFECTLY WITH YOUR CHOICE OF SAUCE.

£8.99

5 LAMB CHOPS

GRILLED PERFECTLY WITH YOUR CHOICE OF SAUCE.

£13.99

7 LAMB CHOPS

GRILLED PERFECTLY WITH YOUR CHOICE OF SAUCE.

£19.99

KIDS MEAL

FRIES, FRUITSHOOT, OR WATER INCLUDED



CHEESE BURGER

LETTUCE, KETCHUP AND CHEESE

CHICKEN STRIPS /2 PCS

LETTUCE, KETCHUP AND CHEESE

CHICKEN BURGER

LETTUCE AND MAYO

CHICKEN NUGGETS /4 PCS

VEGGIE BURGER

LETTUCE, MAYO AND SLICED TOMATO

£5.99
EACH

SIDES



FRIES	£2.49	SWEET POTATO FRIES	£4.49
PERI PERI FRIES	£2.99	SPICY RICE	£3.99
CHESSY FRIES	£3.99	COLESLAW	£2.99
ONION RINGS /3 PCS	£2.99	GRILLED HALLOUMI /3 PCS	£4.99
GARLIC BREAD	£3.99	MOZZARELLA BITES /3 PCS	£3.99

MILKSHAKES

EACH £4.99



OREO, KINDER BUENO, FERRERO ROCHER, LOTUS BISCOFF, BOUNTY, STRAWBERRY, CHOCOLATE

FLAVOURS: LEMON HERB | MEDIUM | HOT | EXTRA HOT | SMOKY BBQ



GRILL-LAB

Delicious Experiments, Explosive Flavours

OPENING HOURS

SUN-THUR 12PM-11PM
FRI-SAT- 12PM-12AM

138 HIGH STREET, PENGE
LONDON, SE20 7EU

020 4631 5312



FREE DELIVERY
WITHIN 3 MILES

LAB SIGNATURE BURGERS

MAKE IT A MEAL

£2.49



SO JUICY, SO TEMPTING, PACKED WITH FLAVOURS AND INDULGENCE IN EVERY BITE. ALL BURGERS COMES WITH MAYO AND SALAD

CLASSIC LAB BURGER

£7.49

6OZ GOURMET BEEF PATTY, AMERICAN CHEESE, GRILLED ONIONS, SLICED TOMATO, GEM LETTUCE, GHERKIN AND OUR LAB SAUCE

BBQ FEAST BURGER

£8.99

6OZ GOURMET BEEF PATTY, TURKEY BACON, AMERICAN CHEESE, SLICED TOMATO, GEM LETTUCE, GHERKIN, CRISPY ONIONS AND BBQ SAUCE

LAB FEAST BURGER

£9.99

2 6OZ GOURMET BEEF PATTY, TURKEY RASHERS, ONION RINGS, AMERICAN CHEESE, SLICED TOMATO, GEM LETTUCE, ONIONS AND OUR LAB SAUCE

SMASHED LAB BURGER

£7.99

DOUBLE SMASHED BEEF PATTY, GRILLED ONIONS, AMERICAN CHEESE, GHERKINS, GEM LETTUCE AND OUR LAB SAUCE

BUNSEN BURNER BURGER

£9.99

DOUBLE SMASHED BEEF PATTY, AMERICAN CHEESE, JALAPENO, RED CHILLIES, SLICED TOMATO, LETTUCE, CARAMELISED ONIONS AND LAB HOT SAUCE

TOP DOG



GRILLED ONIONS, KETCHUP AND MUSTARD

£5.99

LAB CHICKEN BURGERS

MAKE IT A MEAL

£2.49



PERI PERI BURGER

£6.99

TENDER CHICKEN BREAST WITH A CHOICE OF YOUR FLAVOUR, MAYO AND SALAD

FIERY LAB BURGER

£7.99

TENDER CHICKEN BREAST, LETTUCE, TOMATO, JALAPENO, CHEESE, MAYO AND LAB HOT SAUCE

INFINITY LAB BURGER

£8.99

TENDER CHICKEN BREAST, TURKEY RASHERS, TOPPED WITH CHEESE, JALAPENOS, MAYO, SALAD AND LAB HOT SAUCE

BBQ RUNNER BURGER

£8.99

TENDER CHICKEN BREAST, TURKEY RASHERS, TOPPED WITH CHEESE, MAYO, SALAD AND LAB BBQ SAUCE

LAB MUNCH BOX

1 LAB CLASSIC BURGER, SPICY DONER, FRIES, SALAD AND A DRINK

£13.99

LAB SMASH MUNCH BOX FOR 2

2 SMASH LAB BURGERS, FRIES, SPICY DONER SERVED WITH COLESLAW AND SALAD

£21.99

FLAVOURS: LEMON HERB | MEDIUM | HOT | EXTRA HOT | SMOKY BBQ

LAB GRILL CHICKEN

TRY OUR SUPER JUICY GRILLED CHICKEN WITH YOUR CHOICE OF LAB FLAVOURS.

MAKE IT A MEAL

£2.49



5 PCS WINGS

£4.99

10 PCS WINGS

£8.49

5 PCS STRIPS

£5.99

QUARTER CHICKEN

£5.99

HALF CHICKEN

£8.99

WHOLE CHICKEN

£13.99

CHICKEN -N-RICE

£7.49

CHICKEN -N-SALAD

£6.49

CHICKEN -N-FRIES

£6.99

LAB WRAPS

MAKE IT A MEAL

£2.49



GRILL LAB WRAP

TENDER CHICKEN TOPPED WITH CHOICE OF YOUR FLAVOUR, MAYO AND SALAD

£5.99

CHICKEN FAJITA WRAP

TENDER CHICKEN, TOPPED WITH PEPPERS, MAYO, LETTUCE AND OUR LAB HOT SAUCE

£6.99

GRILLED HALLOUMI WRAP

GRILLED HALLOUMI COMES WITH SALAD AND GARLIC MAYO SAUCE

£6.99

CHICKEN IN PITTA

TENDER CHICKEN TOPPED WITH CHOICE OF YOUR FLAVOUR, JALAPENO, GARLIC SAUCE AND SALAD

£6.99

LAB DONER



SPICY DONER MEAT WITH CHIPS

SERVED WITH LAB CHILLI AND GARLIC SAUCE

£6.99

SPICY LAMB DONER IN PITTA

SERVED IN PITTA BREAD WITH CHILLI & GARLIC SAUCE AND SALAD.

£6.99

DONER BURGER

GARLIC & CHILLI SAUCE AND SALAD.

£6.99

LAB CHICKEN MUNCH BOX

1 PERI PERI BURGER, QUATER CHICKEN, FRIES, AND A DRINK

£13.99

GRILLED CHICKEN BOX

HALF CHICKEN, 5 WINGS, 3 STRIPS, RICE OR FRIES, AND A DRINK

£16.99

FLAVOURS: LEMON HERB | MEDIUM | HOT | EXTRA HOT | SMOKY BBQ